

ORGANISE THE HOUSEWORK WITH THE WHANAU



Make a list of household tasks that you need done. Make sure everyone in the household contributes to the list and then helps... except those not yet walking! The suggestions below may help to get you started.

Use different colours for the different age groups: e.g. yellow for 4-5yrs, red for 10-11yrs....whatever you need for your whanau.

Decorate two tins. Label PICK-A-STICK and TASK DONE .

GO FOR IT!

You could also use this method for earning screen time by putting a value on each task or, instead of tasks, physical activity:

e.g. Clearing the table: 10mins. Cleaning the toilet: 20mins.

e.g. Playing hopscotch for 20 mins: 10mins screen time.

Aim for a maximum of two hours screen time only a day.

Each person could have their own tin to accumulate their screen time.



AGE-APPROPRIATE TASKS

| AGES 2-3 | AGES 4-5 | AGES 6-7 |
|---|--|--|
| <ul style="list-style-type: none"> ✓ Pick up the blankets ✓ Put toys away ✓ Put rubbish in bin ✓ Put the books away ✓ Help set the table ✓ Pick up the pillows ✓ Hang up the facecloth ✓ Put dirty clothes in hamper ✓ Dust the baseboards ✓ Get the wipes ✓ Carry firewood | <ul style="list-style-type: none"> ✓ Make your bed ✓ Clean out under the bed ✓ Feed the pets ✓ Pick up toys ✓ Water the plants ✓ Dry dishes ✓ Put away dishes if low ✓ Dust the furniture ✓ Clear & clean table after kai ✓ Wipe down doorknobs ✓ Weed the garden | <ul style="list-style-type: none"> ✓ Sweep the floor ✓ Empty the dishwasher ✓ Mop the kitchen floor ✓ Collect rubbish and put in bin ✓ Rake leaves ✓ Fold clothes & match socks ✓ Make a simple salad ✓ Peel carrots & potatoes ✓ Organise footwear in porch ✓ Turn clothes right way out & take to laundry hamper |
| AGES 8-9 | AGES 10-11 | AGES 12+ |
| <ul style="list-style-type: none"> ✓ Sort & wash the laundry ✓ Walk the dog ✓ Bring the bins in ✓ Put groceries away ✓ Wipe bathroom sink & vanity ✓ Sweep the porches ✓ Hang out the clothes ✓ Fold and sort the washing ✓ Make scrambled eggs ✓ Bake cookies ✓ Make a family snack | <ul style="list-style-type: none"> ✓ Clean the toilet ✓ Vacuum ✓ Sweep the garage/drive ✓ Clear the letterbox ✓ Clean mirrors ✓ Make a simple meal ✓ Wipe down kitchen ✓ Do a massive bedroom clean up. Sort out what you don't need any more and put out ready to dispose of | <ul style="list-style-type: none"> ✓ Tidy up the garage ✓ Clean car inside and out ✓ Mow the lawn ✓ Clean lightshades ✓ Iron clothes ✓ Watch younger siblings ✓ Mop the floors ✓ Clean windows ✓ Cook a complete meal ✓ Help with simple home repairs ✓ Help shop |

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ADDITIONAL ACTIVITY

There is a bead bracelet or a door name tag or a letter pattern to make for each child. (Now with so many on the list, not enough of one thing to go round.....kei te pai!)

CRAFT ACTIVITY SIX

The next craft activity is a bulky one, to make up for the small one this time round.

- * Some of you will get six round milk or yoghurt bottles, either the large or the smaller size....I have been saving these up for years for just such an occasion as this! Ideally, it would be good for you to find four more for the game you will be making (take a guess as to what it is!)
- * Some of you will get a can or three, but you will need at least 12 in total, preferably 20, so start saving these up. The can size needed has a diameter of 7cms.
- * You will need to find your own ball to use. Am thinking a cricket ball is ideal, but also a tennis ball would work...I think!

WHEN SCHOOL OPENS AGAIN

No-one yet knows when and how this will look. It may be that only some children, for example those who have parents needing to work in essential services may be the only ones. This is a guess on my part, not an official statement! If only some can go back straight away, I will continue the craft activities only for those who are not yet back at school.