

Poipoia te kākano kia puawai - Nurture the seed and it will thrive

NEWSLETTER SIX, TERM ONE

Thursday, 9 March 2023

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KIA ORA, TALOFA LAVA, AND WELCOME.

STAFF CHANGES

We are sad to announce that Whaea Shayne, Kaiako in Room 8, will be finishing with us at the end of this term. She has decided to move back up north to be closer to her whānau in Northland. We have enjoyed having her as a part of our staff over the last year and wish her well for what comes next in her journey. We are hoping to appoint a new Kaiako shortly. We are pleased to welcome Louisa Rempala who will be joining our staff full time from Week 9 this term. Louisa has been working as a reliever in our school over the past couple of years and she will be taking a junior class in Room 10 with the support of Whaea Keritiana as our roll continues to grow. We are looking forward to having Louisa join our team fulltime.

MEET AND GREET

Thank you to everyone who came along to school Tuesday afternoon for a catch up and to meet teachers and other school parents and whānau. It was great to be able to see so many gathering together for a chat, swim and some games. If any parents want to have a chat with their childs teacher, please pop into school or contact them and make a time.

PAID UNION TEACHER MEETING



Following on from the paid union meetings around the country last week, teachers and principals are now voting whether to strike or not as negotiations continue to try and improve conditions for schools and the work we do. We have been told we will know the outcome of the vote by the end of this week. If the vote is to strike, this will take place next Thursday 16 March and we will put out information to our community as soon as possible as to what this means for everyone.

KPG – KORAUNUI PARENTS GROUP MEETING (WE NEED YOUR HELP)

We are really keen to get a parents group re-established now that school life is back to a more normal way of operating following the COVID restrictions over the past 3 years. In the past KPG has raised money for school playgrounds, equipment, laptops and resources. This is a wonderful chance for parents to join in school life and make a valuable contribution to our school and the opportunities we provide our tamariki.

Come along to a meeting on <u>Tuesday 14 March at 6.30pm in the staffroom</u> if you can help, and would like to be a part of then KPG team. This meeting will be to gauge interest and talk about how KPG can support our school.

HATS & WATER BOTTLES



It is fantastic to see so many children with hats on as we begin the new school year. Please make sure your child has a <u>sunhat to keep</u> at school, clearly named so any ownership disputes can be quickly



resolved. We encourage children to bring <u>named water bottles</u> with them to help keep them hydrated during the day.

MOVIN' MARCH – LET'S GET MOVIN'!



The weather has been a lot more settled this week for walking, biking and scooting to school. A reminder that each class kaiako will have the Movin' March passports. These passports go into a prize draw later on in March. Information about the prize draw will be posted later.

We are encouraging everyone who, can, to walk or wheel to and from

school. Please check out the link below on how to be involved as whānau and prizes that you could win. <u>https://schooltravel.gw.govt.nz/.../movinmarch-for-</u> parents/

We have a very enthusiastic group of Year 6 leaders who are out before and after school stamping cards of everyone who is being active on their way to and from school.

Information below on how you as a whānau could win prizes as part of Movin' March.



We will be holding a Fancy Feet celebration on Friday 31st March to end Movin' March. We will have a collection for those affected by Cyclone Gabrielle on this day.

HOROEKA RESERVE FAMILY DAY – 11TH ANNIVERSARY

A reminder that this Sunday 12th March is the annual Horoeka Reserve Family Day 11am - 3pm.

Koraunui School has been part of Horoeka Reserve for many years now and it is a wonderful natural environment in our local environment.



Please see the attached document towards the end of this newsletter for further information.

Barbara Hay is also running an activity and would appreciate some helpers. If you think you might be able to assist could you please let the office know. Even if for a couple of hours, it would be wonderful.

SCHOOL LIBRARY

Miss Hay has been busy in our library this year and doing some wonderful work ensuring we have a library full of exciting books that tamariki want to read. We have a stack of new books, voted for by tamariki, on display and ready to be issued. The addition of a new reading nook is proving to be a really popular spot to settle in and have a read. We are grateful to have Miss Hay put so much of her time and passion into providing this space for our school.



COOKING CLASSES WITH WHAEA DEBBIE

We are grateful to have Whaea Debbie coming in on Wednesday mornings to do some cooking with our Year 6 tamariki. This is a great experience for them and they are making some really tasty food. I can personally vouch for this \mathfrak{S}

This week they made vegetable lentil burgers. These were quickly devoured when offered up around the school.

The recipe is attached to the email newsletter.



ROAD SAFETY AROUND THE SCHOOL – DRIVE SAFELY



Over the first few weeks of the new school year, we have noticed a number of dangerous driving behaviours such as

- people doing U-turns on the road around the road patrols,
- using driveways to park in to collect children
- driving fast around the road patrols and school.

These are all <u>dangerous behaviours that are putting children and pedestrians at risk</u>.

Please drive responsibly around the school and if needed, park up the road or on Montgomery Street and walk up to school to collect your children.

SCHOOL POOL

Our school pool is open each day and we will look to use it right throughout the term. Please check with your classroom teacher about what days they swim and send togs with your children so they can make the most of our wonderful pool.



50 cent STALLS

<u>50 cent stalls are run by our Year 6 students as a part of their camp fundraising</u> <u>and held every Friday at morning teatime.</u> Please be mindful that items are all 50

cents so \$2 is the limit per child.

50 cent stalls will be in the hall (or on the Kowhai Block deck if it is a nice day) at morning teatime every Friday.

CONTACT DETAILS

It is important that we have accurate and up-to-date contacts for safety and emergencies. If any details have changed for you, please contact the office and let them know.

2PM CLUB

All children including those who attended last year will need to be booked into 2PM Club by <u>clicking here</u>

Every Wednesday and Friday we run 2pm Club between 2.00-3.00pm for children whose parents book them in for this service. The cost of 2pm Club is \$2.00/session. This is to cover the cost of supervision during these times.

COVID RAT's

We have been informed that there are some cases of COIVD-19 popping up in Stokes Valley again. This is a reminder to us that we all need to keep up with our hygiene practices and stay home if we are feeling unwell.



If anyone needs RATs, please contact the school office as we have a supply that we can distribute to school whanau who need to carry out COVID tests.

Koraunui Stokes Valley Community Hub also has a good supply of RATs available to the community should they need them.

BANK ACCOUNTS

Many families keep a small bank account with the school office to pay for items, event or sports fees during the year. If you would like to do this, please come and talk to Maree and she will show you how it works.

Some families have set up a regular bank credit to do the same thing. If you wish to do this, the lovely office ladies will help with this. Our account is Koraunui School Board of Trustees 12 3478-0015483-00

KORAUNUI SCHOOL ENROLMENTS

Do you have or know of any 5-year-old children who are starting school this year or next year? New student enrolment forms are available at the office or on our website under "About us". If you require further information, please contact the office on 939 9707 or message us on our school website or Facebook page, email <u>office@koraunui.school.nz</u>. We are happy to talk with parents about our school and show them round so they can get a feel for how we operate.

RUBBISH AND PACKAGING



As a part of the work we do as an Enviroschool, working to take care of our school and local environment, we are asking that all packaging that comes into school with children is returned home each day unless a class is doing a specific task around packaging. It would be fantastic to see no rubbish

blowing around our school grounds.

WHATS COMING UP THIS TERM?

Week Six

• Sunday 12 March: 11 Year Horoeka Reserve Celebration 11.00am-3.00pm Week Seven

- Friday 17 March: Kauri Team Petone Beach Trip 9.30am-1.30pm Week Eight
 - Thursday 23 March: Year 3-6 Girls Futsal Festival

Week Nine

- Wednesday 29 March: Board of Trustees Meeting
- Thursday 30 March: Life Education Bus is at school for 2 weeks
- Friday 24 March: Movin' March Fancy Feet Day

Dave Lamont Principal



11th Anniversary Family Day at Horoeka Scenic Reserve, Stokes Valley Sunday March 12th 2023, 11 am – 3 pm Come along!

The Hutt City Council and the Friends of Horoeka Scenic Reserve are hosting an 11th Anniversary Family Day

When: Sunday 12th March, 11 am until 3 pm. If wet postponed till Sunday 19th March Where: In the Entrance Area, at 17 Horoeka Street

What to bring: A picnic, walking shoes, sun hat and sunblock, and money for the stalls

What to do: Come and check out the changes in the Entrance Area and walk the Loop Track

What is on: There will be a free sausage sizzle, stalls and events run by local primary schools, the Friends Group and Hutt City Council, displays and a quiz for anyone walking the Loop Track (25-45 minutes return). Arohanui Strings, Soul Food Tellers with 'Stories from Here and There' and a group from Koraunui School will be performing in the afternoon.

Bring your family and friends along!

Past Family Days:



Koraunui Care Centre Holiday Programme April 2023

Koraunui Care Centre Holiday programme will be operating from Tuesday 11 April- Friday 21 April during the upcoming school holidays.

Check out details for the programme below and if would like to make a booking fill in and return the request to enrol form to the Koraunui School office by Monday 3 April. We will then send you an enrolment form confirming your child(ren's) place. If you require financial assistance, please contact WINZ for information on a subsidy, or a form may be requested from the school office.

Once we have your request to enrol form, you are liable for the charges whether your child attends or not, unless notification of cancellation is received by Wednesday 5 April 2022.

Monday 10 April	Tuesday 11 April	Wednesday 12 April	Thursday 13 April	Friday 14 April
	Newspaper challenge	Silverstream stream	Art activities with	Have a go Sports Day
Closed		walk and picnic	local artist	
Easter Monday		TRATE		((()))
Monday 17 April	Tuesday 18 April	Wednesday 19 April	Thursday 20 April	Friday 21 April
Robot box fun	Rock in Pots	Light fun with plastic	Bead shapes	Hamburger making
		bottles		and movie.

Please note: As well as the listed activities there will be various arts and crafts and games offered each day, as well as cooking activities on some days.

Koraunui Kids Care Holiday Programme – Request to Enrol

Please note: enrolment confirmation will be sent home on receipt of this form.

Childs Name(s): _____

Parent Name: Contact Number:

April	7am–8am	8am-12pm	12-5pm	5-5:45pm	9-3pm	Total to pay
Tuesday 11	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
Wednesday 12	\$5.00	\$45.00		\$3.80	\$30.00	
Thursday 13	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
Friday 14	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
Total						
April	7am–8am	8am-12pm	12-5pm	5-5:45pm	9-3pm	Total to pay
Monday 17	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
Tuesday 18	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
Wednesday 19	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
Thursday 20	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
Friday 21	\$5.00	\$20.00	\$25.00	\$3.80	\$30.00	
					Total	

*Please note: as per our policies, fees will apply for any public holidays that fall on any of your child's regular days of care.

Please fill in spaces for sessions you would like your child to attend and return this booking form to the school office by Monday 3 April.



The Ultimate Vegetable lentil loaf, or burger patties.

Te Awa Kairangi Kai Collective

To make egg substitute

Flax seed: 1 tablespoon freshly ground flax seed + 3 tablespoons warm water

Chia seeds: 1 tablespoon chia seeds + 3 tablespoons water

Soak flax or Chia seed in water until it forms a thick gel, about 5 to 10 minutes, to make a "flax or chia egg"

*Contains milk, cereals containing Gluten (eg wheat)

* * May contain traces of nuts

Packed in a facility that also processes Sulphates, Cereals containing gluten (EG Wheat), eggs, milk, milk products, Peanuts, tree nuts, Sesame seeds/ Sesame products, Soybeans/ Soy products, Lupin

About this recipe. A wonderfully flavoured lentil loaf for the whole whanau. The leftovers make great sandwiches too! Or shape them into patties and shallow fry them. Delicious.

Ingredients

1 tin brown lentils

- 2 ¹/₂ cups vegetable broth
- 1 egg or egg substitute
- 3 cloves garlic
- 1 onion

2 cups vegetables (Carrots, zucchini and celery) finely chopped

³⁄₄ cup of oats

1/2 cup flour

2 teaspoons thyme

1 teaspoon cumin

Topping 3 tablespoons of your favourite tomato sauce , relish or chutney.

Method

Prepare lentils: Rinse the lentils, remove odd pieces. In a large pot add 2 1/2 cups water/broth with lentils. Bring to a boil, reduce heat, cover and simmer for about 35 - 40 minutes, stirring occasionally. It's ok if they get mushy, we are going to roughly mash them.

Preheat the oven to 350 degrees.

Make a flax egg substitute if using.

Saute vegetables & spices: In a saute pan heat oil or water over medium heat. Saute garlic, onion, and vegetables for about 5 minutes. Add spices, mixing well to incorporate. Set aside to cool. Mash the lentils: Using an immersion blender, food processor, back of a fork or potato masher.

Assemble lentil loaf: Combine all ingredients

Place mixture into a loaf pan lined with parchment paper, leaving it overlapping for easy removal later. Press down firmly filling in along the edges too. Or make it into patties.

Glaze: Spread evenly over top of the loaf.

Bake: Place in the centre of the oven, and bake in the oven for about 45 - 50 minutes. Let cool a bit before slicing. Serves 8

With love from He Puawai Trust and Te Awa Kairangi Kai Collective team Please contact Debbie <u>stokesvalleykai@hepuawaitrus.com</u>