

Poipoia te kākano kia puawai – *Nurture the seed and it will thrive* 

### **NEWSLETTER FIVE, TERM ONE**

# Friday 12th April, 2024

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# KIA ORA, TALOFA LAVA, AND WELCOME.

Welcome back to Amaiya, Kyon and Orlenzo who have returned to our school, great seeing you smiley faces around kura.

### **KORAU KIDS**

Congratulations to our KORAU kids who are coming home with a brand-new book courtesy of Duffy Books. Ka rawe koutou! More books and certificates will be coming home to our KORAU kids at final assembly today!



### LIFE CYCLE OF A BUTTERFLY

Recently, several large swan plants outside Room 4 have been attracting much attention. The plants have been a wonderful place to observe the life cycle of a butterfly. Many children have stopped to observe, count and talk. Although the large caterpillars ate voraciously and stripped the plants of their leaves, the addition of chopped up pumpkin helped somewhat. We are now waiting for some beautiful butterflies to emerge- hopefully before the end of term!



### RIPPA RUGBY TOURNAMENT

Thank you to Marewa, Seini and Craig for helping to coach the Rippa Rugby teams. The kids had a great time and used their KORAU values.



### TERM 2 PARENT / TEACHER CONFERENCES

Parent / Teacher conferences will be held on Tuesday 11<sup>th</sup> June starting at 3.15pm and Wednesday 12<sup>th</sup> June starting at 2.15pm. More information about booking a time slot will be available early Term 2.

### **NETBALL 2024**

Netball teams have been finalized with first games starting Saturday 4<sup>th</sup> May at Heretaunga College, Upper Hutt. Team managers should have now been in touch with all players. If you have not received any communication, please contact the school office. Netball uniforms will be issues in Term 2 Week 1.

### **STUDYCENTRE**

Have a look at the link below to see what our amazing kids have been doing at Study Centre. <a href="https://www.koraunui.school.nz/this-is-us/study-centre/">https://www.koraunui.school.nz/this-is-us/study-centre/</a>

### SCHOOL POOL

Our school pool will now be closed for Term 2 and 3. A reminder, if you have a school pool key this needs to be returned ASAP.

### **OVERDUE INVOICES**

Thank you to those families that have paid or are continuing to pay their invoices. If you haven't and need to, please start doing so.

### 2PM CLUB



# All children will need to be booked into 2PM Club by clicking here.

Every Wednesday and Friday we run 2pm Club between 2.00-3.00pm for children whose parents book them in for this service. The cost of 2pm Club is \$2.00/session. This is to cover the cost of supervision during these times. If your child is not coming to 2pm you need to contact the office for that specific

day. If your child is on the casual list and attending, you also need to let the office know for that day.

### **BANK ACCOUNTS**

Many families keep a small bank account with the school office to pay for items, event or sports fees during the year. If you would like to do this, please come and talk to Maree and she will show you how it works.

Some families have set up a regular bank credit to do the same thing. If you wish to do this, the lovely office ladies will help with this. Our account is Koraunui School Board of Trustees 12 3478-0015483-00

### **CONTACT DETAILS**

Thank you to those that have already updated their contact details. It is important that we have accurate and up-to-date contacts for safety and emergencies. If any details have changed for you, please contact the office and let them know.

### **TOYS**

We are seeing an increasing number of toys coming to school which is causing unneeded disruption both in class and in the playground. Please make sure toys stay at home unless they have been agreed upon by your child's teacher.

# WHATS COMING UP IN TERM 2

### Week 1

• Term 2 starts Monday 29<sup>th</sup> April

### Week 2

• Friday 10<sup>th</sup> May - 11am – Duffy Book Club Theatre Show

### Week 3

- Primary School Science Week
- Flying High Project @ Tui Glen for selected Tamariki More information to come
- Thursday 16<sup>th</sup> May Whanāu Science Night
- Friday 17<sup>th</sup> May Pink Shirt Day Celebration

Have a safe and restful holiday break.

Ngā mihi, Gillian McPeake Acting Principal

# **RETURN FORMS**

Please send back the whole sheet, even if you have filled in only one section.

VEC LOANTIELD!				
YES, I CAN HELP!				
<b>School crossing: 8.00-8.30:</b> Possible days: M	Mon Tue	Wed	Thu	Fri
Name:	Phone:			
WEG LOAN HELD!				
YES, I CAN HELP!				
<b>Community Tutor Reading:</b>				
Name:	Phone:			
CONTACT DETAILS				
Childs/Children's Name:				
Chius/Chiuren's Name:				
D 4/G . N				
Parent/Caregiver Name:				
Address:				
Phone:				
Mobile:				
Email:				
<b>Emergency Contact and Relationship:</b>				
Address:				
Phone:				
Mobile:				
Email:				

### The Importance of Sleep for Kids: Boosting Learning, Growth, and Mental Health

### KidsLink

As parents, we're always looking for ways to support our children's growth and development. One often overlooked but crucial aspect is ensuring they get enough quality sleep.

Here's why sleep is so important for your child's learning, growth, and mental health, along with some easy tips to help your little ones catch those much-needed Zs.

### **Why Sleep Matters for Kids:**

1. Boosts Brain Power:

Adequate sleep is essential for learning and memory. It helps kids concentrate better in school and retain information more effectively.

2. Supports Growth:

Growth hormones are primarily secreted during deep sleep. So, good sleep literally helps your child grow.

3. Enhances Mood:

Lack of sleep can make children irritable or moody. A well-rested child is generally happier and more resilient.

4. Improves Health: Sleep strengthens the immune system, reducing your child's risk of catching colds or other infections.



### Establish a Routine:

• Consistency is key. Aim for the same bedtime and wake-up time every day, even on weekends.

Create a Sleep-Inducing Environment:

• Ensure your child's room is cool, quiet, and dark.

### **Limit Screen Time:**

• Turn off electronic devices at least an hour before bedtime to reduce exposure to stimulating blue light.

Encourage Physical Activity:

• Regular physical activity during the day can help your child fall asleep more easily at night.

Wind Down Before Bed:

• Develop a calming bedtime routine, such as reading a book or taking a warm bath, to signal to your child's body that it's time to sleep.

Remember, by prioritising sleep, you're not just helping your child rest better—you're setting them up for success both in and out of the classroom.

You can find further helpful suggestions on this website: KidsLink

Koraunui Stokes Valley Toy Library presents...

# Kung Fu Panda 4 Movie Fundraiser





Sunday 14 April 3pm Monterey Cinemas Upper Hutt

### Tickets:

- \$15 (all ages)
- \$40 Family Pass [1 Adult, 2 kids]

Free Lolly bag for kids (aged 16 and under)

All proceeds go to running the Toy Library

Grab your tickets here:

