



Poipoiā te kākano kia puawai – *Nurture the seed and it will thrive*

NEWSLETTER FOUR, TERM ONE

Friday, 22nd March 2024

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KIA ORA, TALOFA LAVA, AND WELCOME.

Welcome to Adan and their whānau who joined Koraunui School in the last two weeks.

FANCY FEET DAY

As a way of celebrating Movin' March, we will be having a Fancy Feet Day on Thursday 28th March. This is an opportunity for the tamariki to dress up their feet. Whether it's glittering up your Crocs or sparkling up your gumboots, bring a gold coin and have some fun.

TOUCH RUGBY

A big thank you to Marewa Edwards and Seini Dromunivula who coached our Touch Rugby teams this term. Without you our teams could not play. If you would like to get involved with our upcoming sports (basketball / netball), please get in touch with the school office for more information.

NETBALL 2024

Notices have been sent out and teams are being finalized. If your child is still keen to play netball for kura next term, please make sure you contact the office for more information. **Next Wednesday 27 March is the absolute final day for Netball permission slips to be returned.** We will have a Year 5-6 team and a Year 3-4 team; we can take Year 2's if they are super keen to play.

TE PUAWAITANGA O TE KĀKANO

We had an awesome turn out for our whānau tautoko hui last Thursday night and Friday afternoon. Thanks to all the whānau who were able to attend these hui, it was wonderful to hear wawata for tamariki in our unit. We will email minutes from this hui, along with wawata that was shared, please keep an eye out for the email.

GIRLS FUTSAL TOURNAMENT

Whaea Dale took some girls to Walter Nash for a Futsal Tournament in the week. The tamariki had a blast and played their hearts out. Ka rawe!



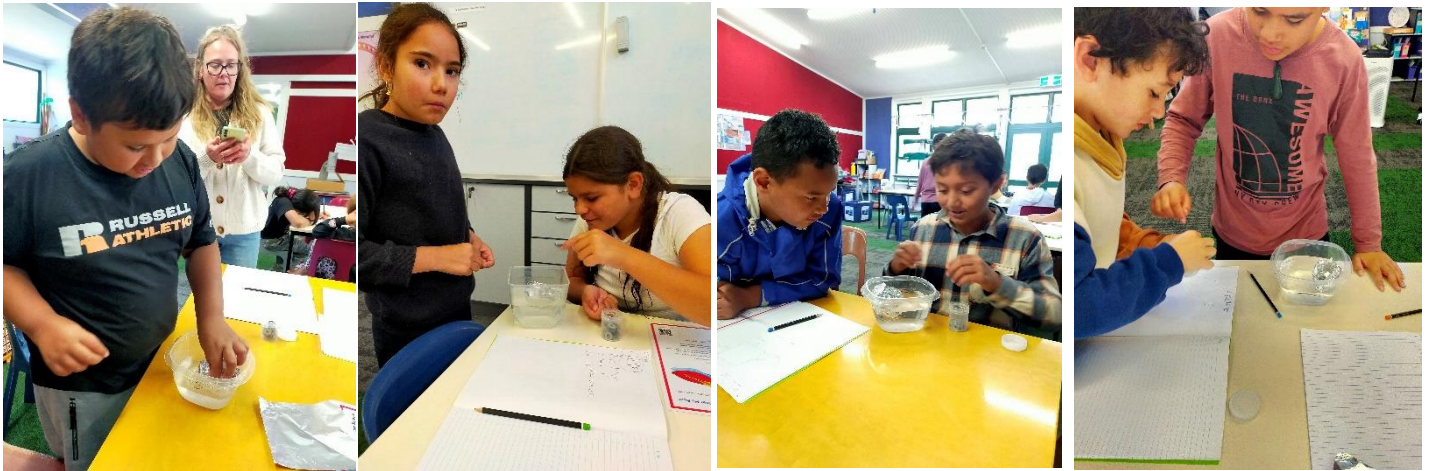
FETU O LE MOANA TRIP TO TE PAPA

Rooms 14 and 13 went to Te Papa on Tuesday to see the new Dinosaurs of Patagonia exhibition. The tamariki had a great time looking at these colossal dinosaurs and had plenty of questions for the guide.



CHECK OUT THE MAHI IN ROOM 9

Tamariki in Rūma 9 doing pūtaiao looking at how many weights does it take to sink the waka they had created.



STUDYCENTRE

Have a look at the link below to see what our amazing kids have been doing at Study Centre.

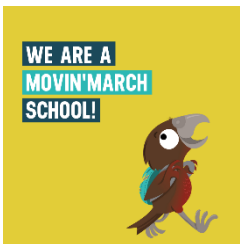
<https://www.koraunui.school.nz/this-is-us/study-centre/>

KAPA HAKA TUTOR

We are looking for a Kapa Haka tutor, who can work with young tamariki, play a guitar and support tamariki as they get ready for Hutt Fest at the end of Term 2.

This is a casual role/time sheet role and kaiako will be there in a supportive role.

If this sounds like you or you would like more information, please contact either Mrs McPeake or Whaea Liz for further information.



MOVIN' MARCH

We're proud to be a Movin' March kura and this month we're looking forward to seeing whānau and students walking or wheeling to or from school. Walking, biking, and scooting is a great way to improve well-being, kick start learning for the day, and it's also great for the planet!

Let's get stamping! We'll stamp your walk or wheel trips at all key areas around our kura. Entries will go in the draw to win one of 6 x \$400 MYRIDE vouchers (you don't have to complete your whole card to go in the draw!). If your family lives too far away, why not park a short distance away from the school gate and walk or wheel the rest of the way? Park & Stride try parking by the school crossing, next to the pou on Kennedy Grove or the pou on Stokes Valley Road then walk or wheel the rest of the way to kura.

SCHOOL POOL

Our school pool will be open for classes to use every day this term. This will supplement the swimming lessons the children have received at Stokes Valley Pool. Please remind your tamariki to bring their togs every day. **A reminder, if you have a school pool key this needs to be returned to school after the Easter break.**

OVERDUE INVOICES

Thank you to those families that have paid or are continuing to pay their invoices. If you haven't and need to, please start doing so.

2PM CLUB



All children will need to be booked into 2PM Club by [clicking here](#).

Every Wednesday and Friday we run 2pm Club between 2.00-3.00pm for children whose parents book them in for this service. The cost of 2pm Club is \$2.00/session. This is to cover the cost of supervision during these times. If your child is not coming to 2pm you need to contact the office for that specific day. If your child is on the casual list and are attending, you also need to let the office know for that day.

DUFFY BOOKS

We are lucky enough to have Duffy Books this year. So, what does this mean for you? All kids at school will receive books to take home and are theirs to keep. This will start this term, keep an eye out for more information on this. Thank you to The Juno family for helping support such a fantastic cause. Check out this link for more information.

<https://booksinhomes.org.nz/>

BANK ACCOUNTS

Many families keep a small bank account with the school office to pay for items, event or sports fees during the year. If you would like to do this, please come and talk to Maree and she will show you how it works.

Some families have set up a regular bank credit to do the same thing. If you wish to do this, the lovely office ladies will help with this. Our account is Koraunui School Board of Trustees 12 3478-0015483-00

CONTACT DETAILS

Thank you to those that have already updated their contact details. It is important that we have accurate and up-to-date contacts for safety and emergencies. If any details have changed for you, please contact the office and let them know.

HATS & WATER BOTTLES



It is fantastic to see so many children with hats on as we begin the new school year. Please make sure your child has a **sunhat to keep at school, clearly named** on the hat so any ownership disputes can be quickly resolved. We encourage children to bring **named water bottles** with them to help keep them hydrated during the day.



HEAD LICE



We have been informed by some parents that their children have headlice. We ask that you please check your children's hair, especially if you notice them scratching. Information about preventing the spread of headlice can be found at the following website <https://www.kidshealth.org.nz/headlice>. We have some treatment products and combs available at school. Please contact the school office for advice and support.

TOYS

We are seeing an increasing number of toys coming to school which is causing unneeded disruption both in class and in the playground. Please make sure toys stay at home unless they have been agreed upon by your child's teacher.

WHATS COMING UP THIS TERM?

Week 9

- Tuesday 26th March – Move n Groove – Selected Year 1-2 tamariki
- Thursday 28th March – Fancy Feet Day
- School closed for Easter Friday 29th March – Tuesday 2nd April (50 cent stalls on Thursday this week)
- Have a restful Easter break and we will see you back at kura on Wednesday 3rd April.

Week 10

- School resumes - Wednesday 3rd April
- Friday 5th April – Year 4 Dictionary Presentation in the library
- Friday 5th April – Year 6 Fun Event 10.30 – 12.30 at school

Week 11

Last day of term Friday 12th April at 2pm

Gillian McPeake
Acting Principal

RETURN FORMS

Please send back the whole sheet, even if you have filled in only one section.

YES, I CAN HELP!

School crossing: 8.00-8.30: Possible days: Mon Tue Wed Thu Fri

Name: _____ Phone: _____

YES, I CAN HELP!

Community Tutor Reading:

Name: _____ Phone: _____

CONTACT DETAILS

Childs/Children's Name:

Parent/Caregiver Name:

Address:

Phone:

Mobile:

Email:

Emergency Contact and Relationship:

Address:

Phone:

Mobile:

Email:

The Importance of Sleep for Kids: Boosting Learning, Growth, and Mental Health

[KidsLink](#)

As parents, we're always looking for ways to support our children's growth and development. One often overlooked but crucial aspect is ensuring they get enough quality sleep.

Here's why sleep is so important for your child's learning, growth, and mental health, along with some easy tips to help your little ones catch those much-needed Zs.

Why Sleep Matters for Kids:

1. **Boosts Brain Power:**

Adequate sleep is essential for learning and memory. It helps kids concentrate better in school and retain information more effectively.

2. **Supports Growth:**

Growth hormones are primarily secreted during deep sleep. So, good sleep literally helps your child grow.

3. **Enhances Mood:**

Lack of sleep can make children irritable or moody. A well-rested child is generally happier and more resilient.

4. **Improves Health:** Sleep strengthens the immune system, reducing your child's risk of catching colds or other infections.



Easy Sleep Tips for Whānau:

Establish a Routine:

- Consistency is key. Aim for the same bedtime and wake-up time every day, even on weekends.

Create a Sleep-Inducing Environment:

- Ensure your child's room is cool, quiet, and dark.

Limit Screen Time:

- Turn off electronic devices at least an hour before bedtime to reduce exposure to stimulating blue light.

Encourage Physical Activity:

- Regular physical activity during the day can help your child fall asleep more easily at night.

Wind Down Before Bed:

- Develop a calming bedtime routine, such as reading a book or taking a warm bath, to signal to your child's body that it's time to sleep.

Remember, by prioritising sleep, you're not just helping your child rest better—you're setting them up for success both in and out of the classroom.

You can find further helpful suggestions on this website: [KidsLink](#)